REQUESTING A PHYSICAL EXAM IN RelayHealth
Please use these instructions for these PE type exams

- Separations
- Airborne
- Commissioning
1. Log in to your RH account and click on "Messages"
2. Click on “Providers”
3. Click on “Add Provider”
4. Enter “PE”, “93944” and then Search

5. Select “PE Provider, Presidio of Monterey”
6. Click on "Messages"
7. Click on “Compose”
8. Click on “Yes, I understand”
9. In provider section select “Presidio of Monterey PE Provider” on the dropdown.
10. Choose “Message Your Provider /Care Team”
11. Enter “Request PE” in the subject box. Enter details regarding request. Click “Send”
12. Your message has been sent!

Message Sent

Your message has been delivered to Presidio of Monterey PE Provider at PCMH-Family Medicine.

Office policy is to respond to messages within 1 day of routine office hours after message delivery. You will be notified by email when your provider replies to your message.

In certain cases another medical staff member from your Provider's office may respond to this message.
6. Click on “Log out”