The program is an Expanded International Military Education and Training (EIMET) approved five-day seminar on ‘democratic defense decision-making’ in a wide variety of areas. The underlying theme of the course is the need for military officers and civilian officials to develop habits of cooperation within an interagency decision-making process. The importance of developing effective civilian control of military forces is emphasized in each iteration of this course. The course relies heavily on interaction among participants during classroom exercises. Because of this, ODCs/SAOs are asked to draw participation from the widest possible spectrum of military and civilian officials, from mid-career to senior positions. Each seminar is tailored to the stated needs of the host nation, and every curriculum is custom built. Host nation officials and US Embassy country team members will be asked to help shape upcoming programs and to request new material for follow-on programs. Follow-on seminar work, or workshops, can be scheduled for delivery in Monterey, California. CCMR's goal is to build the capacity of host nations to develop and sustain their own capability to present similar material in seminars and conferences independent of US assistance.

Regional versions of the course could be programmed under MASL P273001.