When Medical Surveillance is done

• **Baseline:** prior to first use of a class 3B or 4 laser at NPS
• **Incident:** Over-exposure/mishap
• **Exit:** Post-employment (always a challenge)

- If you have new Laser Custodians or Workers, please get them Initial Training, Quiz, and start the forms and scheduling for the Baseline Eye Exam (see next slide)

• Periodic exams **not** required
For Baseline and Exit Exams (30 days):

1. Contact NPS certified Industrial Hygienist LCDR Colon at ajcolon@nps.edu, (831)656-7758. He is the NSP entry point for coordinating Laser Safety Medical Exams with the NPS Occupational Health services located at Fort Ord.
2. Expect LCDR Colon to direct you to fill out the PDF SECNAV INST 5100/1 Medical Referral Form with digital supervisor signatures. This form is available with LSSO referral information pre-filled, on the NPS Laser Safety website: https://my.nps.edu/web/safety/laser.
3. Expect LCDR Colon to direct you to email the supervisor-signed Referral Form to the Presidio Health Clinic scheduler Thu Vo at thu.t.vo5.civ@mail.mil. Then call her at 831-242-5332 to schedule. Backup: Flora Delapena at 831-242-4842, flora.r.delapena.civ@mail.mil.
4. Follow through and arrive on time to complete your exam.
5. The clinic should give you a copy of the 5100/1 with the doctors signature upon completing this exam. Keep this for your records. If NPS doesn’t get a receipt from the clinic, the LSSO may ask you for a copy to prove completion.

If a Laser Incident Occurs (immediately):

1. If injury suspected, call (9)911 for the Emergency Room nearest. For NPS it will be CHOMP. Expect to be referred immediately to an ophthalmologist.
2. Notify the LSSO (sagiles@nps.edu, 831-656-7568, Ha285). LSSO will notify HRO, Presidio of Monterey Health Clinic, and several others.